



## **Grow By Giving**

Perhaps the single most powerful way to succeed in life is to have more concern for our fellow human beings. Normally, we are overwhelmingly concerned about ourselves, driven by our own personal motives and ambitions. However, the happiest people literally lose themselves in the feelings, thoughts, and aspirations of others.

Are you ready to "forget yourself" and be genuinely interested in the welfare of others? Are you willing to be tolerant and kind to others, listen attentively and silently to their words, and be non-judgmental and open to their opinions and points of view? If you are, you are an excellent candidate for great success in life, not to mention ever-increasing personal happiness and joy.

Try a little experiment. When you meet with another person, try putting yourself in their shoes. Think only of what they are interested in and concerned with. Listen carefully to their thoughts and feelings, and show genuine concern and empathy as necessary. Take this approach for the entire meeting.

Then observe if the energy level of the other person has increased. Also notice if any unthought-of or unexpected fresh points of view took place that energized the conversation.

## **Give Greater Attention**

Another way to practice self-giving is to give others greater attention. People, objects, stocks of inventory, and money are but a few things that respond to our attention. For example, if we give more attention to our neglected accounting books or to unsold stocks, money will fly in our direction. This same approach works for people. Give them more attention, and they will respond in the most unexpected ways.

When we give others greater attention, we move from the local domain of ego and separateness to a wider domain of harmony and oneness, where energies flow and align at startling speed with corresponding positive conditions. Others benefit from our attention, as we do: not only from the joy we feel from their positive experiences, but from the startling life responses we experience in return.

### **Feel, Express Goodwill**

Another powerful way to be self-giving is to express our goodwill and affection towards others. Goodwill is a higher vibration and movement of life that establishes harmony and oneness between the parties, attracting the very best of conditions for both.

### **Feel, Express Gratitude**

A very powerful way to express self-giving in life is to show our deepest thanks and appreciation -- i.e. our gratitude. Gratitude is, in essence, the expression of a thought in which our heartfelt emotions go out to others for the role they have played in bringing good fortune into our lives.

Give... give... give. Enjoy the life of giving without being pressured. "So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver" (2 Corinthians 9:7).